Māsa kṛtya

śrī vidyā saparyā has two frequencies, the nityā and naimittika. Daily ritual- nitya- is to be done in during daytime. Naimittika is performed on five days in a month – viz. paurṇami, amāvāsyā, kṛṣṇa pakṣa aṣṭami, kṛṣṇa pakṣa caturdaśī and māsa saṅkramaṇa after sunset with special offerings. Tantra has indicated a monthly schedule of things available at those seasons of a year to be offered as these "special" offerings, mostly on those respective paurṇami, which have been compiled in Nityotsava by śrī umānandanātha. The month followed here is the cāndramāna- lunar calendar.

The first month is **caitra**. Vasanta navaratri is on the first nine days. Candika devi's worship is also allured in mārkandeya purana devī māhātmya as "śarat kāle mahā pūjā kriyate yā ca vārṣakī' – śrī Bhāskararāya has elucidated the meaning of 'vārṣakī' as the start of the year, hence this navarātri, and adds by the word 'ca' it is indicative of the other two more in māgha and āṣādha.

'Damanāropaṇa'

All major tantras / āgamas speak about 'Damanāropaṇa'. We find such festivals carried out with pomp and splendour yearly in Viṣṇu temples. The dates are also marked in the almanac for Devi, skanda, Viṣṇu to perform this ritual. In Srividya tradition, this is performed on Caitra paurnami. Jñānārṇava tantra warns an aspirant that non-performance of Damanāropaṇa will forfeit all the merits acquired in that year to a demon called Damana. Aspirants who can't do this in this month can do it on the next two months – vaiśākha and jyeṣta, and also other tithis like śukla/ kṛṣṇa pakṣa aṣṭami and kṛṣṇa pakṣa caturdaśī in those months, thus the importance of performing this ritual is stressed. Damana is a light green, sweet odour, grass like plant.

This write up follows dakṣiṇāmūrti samhita. On the previous, acquire (or buy) Damana, chant over the collected damana.

ॐ शिव प्रसाद सम्भूत अत्र सन्नितितोभव।
देवीकार्यं समुद्दिश्य छेततव्योऽसि शिवाज्ञया॥



Clean the plant; cut off any roots and remove dirt. Place it on a clean bamboo/ copper plate, sprinkle water chanting mūla mantra. Place them on a sarvato-bhadra mandala. Meditate and invoke, on the couple, rati and manmatha as invoked on to this damana. Worship them as below-

3-जपारुणं रत्न विभूषणाढ्यं मीनध्वजं चारुकृतङ्गरागं।
कराम्बुजैः अङ्कुशं इक्षुचापं पुष्पास्त्र पाशौ दधतं भजामि॥

ॐ ह्रीं रत्यै नमः ध्यायामि आवाहयामि
ॐ क्लीं कामाय नमः ध्यायामि आवाहयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः आसनं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः पाद्यं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः अर्घ्यं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः आचमनीयं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः मधुपर्कं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः स्नानं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः स्नानान्तरमाचमनीयं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः वस्त्रयुग्मं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः पुष्पैः पूजयामि

ततः अष्टदलं विचिन्त्य पूर्वादि अष्टगन्ध पुष्पाक्षतैः अभ्यर्च

ॐ कामाय नमः

ॐ भस्म-शरीराय नमः

ॐ अनङ्गाय नमः

ॐ मन्मथाय नमः

ॐ वसन्ताय नमः

ॐ शश-नामाय नमः

ॐ इक्षु-धनु-र्धराय नमः

ॐ पुष्प-बाणाय नमः

Chant kāma gayatri 108 times-ॐ कामदेवाय विद्महे पुष्पबाणाय धीमहि तन्नोऽनङ्गः प्रचोदयात्

ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः धूपमाघ्रापयामि

ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः दीपं दर्शयामि

ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः नैवेद्यं निवेदयामि

ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः कर्पूरताम्बूलं निवेदयामि

ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः स्वर्णपुष्पदक्षिणां कल्पयामि

ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः कर्पूर नीराञ्जनं कल्पयामि

ऐं ह्रीं श्रीं दमनस्थ रति मन्मथाभ्यां नमः प्रदक्षिण नमस्कारं कल्पयामि

Prostrate with the below mantra

3-नमोऽस्तु पुष्पबाणाय जगदानन्दकारिणे।
मन्मथाय जगन्नेत्रे रति प्रीति प्रियाय च॥

Take damana in your hands and pray to devi

3-आमन्त्रितोऽसि देवेशि सद्यः काले मया शिवे।
कर्तव्यं तु यथा लाभं पूर्णं भव त्वत् आज्ञया॥

Worship Devi with fivefold service

ऐं ह्रीं श्रीं श्रीललितायै नमः गन्धं कल्पयामि

ऐं ह्रीं श्रीं श्रीललितायै नमः पुष्पैः पूजयामि

ऐं ह्रीं श्रीं श्रीललितायै नमः धूपमाघ्रापयामि

ऐं ह्रीं श्रीं श्रीललितायै नमः दीपं दर्शयामि

ऐं ह्रीं श्रीं श्रीललितायै नमः नैवेद्यं निवेदयामि

Pray to devi as follows

3-षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Sprinkle abundant perfume and sandal paste. Cover with a fine linen cloth and place it in a clean place. Perform the avakundana mudra with 'हसकहलह्रीं कवचाय हुं'-and protect with astra mudra chanting 'सकलह्रीं अस्त्राय फट्'
On the next day during paurṇami pūja pūja, add in the resolve (sankalpa) दमनोत्सवं यथा सम्भदद्रव्यैः+निर्वर्त्तयिष्ये. After main pūja is done as usual, pray to Devi-

3-षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Starting from the ṣaḍaṅga to the ninth āvaraṇa pūja, worship again with this damana which was kept on the previous day. Perform havan three times more than the usual havan. (300 mūla mantra offerings). Do japa of mūla mantra three thousand times, with one-tenth the aṅgopāṅga mantras. Worship Śakti (newly married) and offer her the best to your capacity. Pray to devi

3-समस्त चक्र चक्रेशि सर्वविद्या शरीरिणि
मया दत्त दमन पूजां स्वीकृत्य प्रसीद मे॥

Take the offered damana and mentally give it to Kāmadeva

3-रति मन्मथाभ्यां नमः मया कृत दमन पूजायां प्रसीद

Play water sports and distribute food to needy, have Devi Prasad along with likeminded aspirants and be Happy, preserve the Damana.
Next is the **vaiśākha** month, which is the onset of summer. So, scented cold water is offered to Devi. Traditionally, cold water collected during winter or ice preserved would be used, now in modern days fridge will be an equal replacement, we can make ice cubes with edible camphor scented water. On the previous day of paurṇami take these ice cubes in a silver vessel, Chant

ॐ शिव प्रसाद सम्भूत सुशीतल मनोहर।

देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Sprinkle water with mūla mantra on it. Perform fivefold service this water's adhiṣtāna devatā

ऐं ह्रीं श्रीं तुषारोदकदेवतायै नमः गन्धं कल्पयामि

ऐं ह्रीं श्रीं तुषारोदकदेवतायै नमः पुष्पैः पूजयामि

ऐं ह्रीं श्रीं तुषारोदकदेवतायै नमः धूपमाघ्रापयामि

ऐं ह्रीं श्रीं तुषारोदकदेवतायै नमः दीपं दर्शयामि

ऐं ह्रीं श्रीं तुषारोदकदेवतायै नमः नैवेद्यं निवेदयामि

Cover the vessel with a clean cloth. Keep it aside in a clean place. On the next day during paurṇami pūja, add in the resolve (sankalpa) तुषारोदक निवेदनपूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja is done as usual, pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship as usual all āvaraṇa devatā, in addition to the normal food offerings; offer this cold water also to Devi. If you feel the chillness will not be there, you can prepare ice cubes on that day itself and perform the fivefold service to tuṣāra devatā and offer the same during naivedya. Do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship Śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **Jyeṣta** month, which being the latter part of summer will be abundant in fruits. The offering fruits specially found during this season is the agenda in this month. Ripe Mangoes, Jack fruit and Banana are traditionally "three" fruits often said. Get (Buy) the said fruits on the earlier day,

ॐ शिव प्रसाद सम्भूत कदलीपनसादिक।

देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Clean and remove all un-edible portions, cut into small pieces, place them in a silver vessel. Add honey, ghee and jaggery also. Sprinkle water with mūla mantra on it. Perform fivefold service to the devatās in these fruits.

ऐं ह्रीं श्रीं कदलीपनसाम्राधिदेवतायै नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं कदलीपनसाम्राधिदेवतायै नमः पुष्पैः पूजयामि
ऐं ह्रीं श्रीं कदलीपनसाम्राधिदेवतायै नमः धूपमाघ्रापयामि
ऐं ह्रीं श्रीं कदलीपनसाम्राधिदेवतायै नमः दीपं दर्शयामि
ऐं ह्रीं श्रीं कदलीपनसाम्राधिदेवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. On the next day during paurṇami pūja, add in the resolve (sankalpa) कदलीपनसाम्र निवेदनपूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship as usual all āvaraṇa devatā, in addition to the normal food offerings; offer these fruits also to Devi. If you feel the freshness in the fruits will not be there, do it insitu, during the worship itself. In certain traditions, after the usual worship with flowers, these cut pieces of fruits are used to worship the āvaraṇa devatā again. Do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship Śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **āṣādha** month, which being the fag end of summer. Offerings of sweet -smelling flowers, pan- betel chewing and sandal paste are the agenda for this month. Get (buy) sandal sticks (powder), saffron and edible camphor. Get (Buy) Jasmine - Jasminum grandiflorum flowers, in local vernacular 'jāti'. Get

Betel leaves, lime (chunnam), betel nut mixed with nutmeg (jāti phala), nutmeg cover (jāti patri), cardamom, cloves and other spice mixtures.

ॐ शिव प्रसाद सम्भूत गन्ध जाती समन्वित ।
ताम्बूल देवीमुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Mix (grind) sandal into a paste with copious saffron and edible camphor added with rose water. Make a pan with Betel leaves, lime (chunnam), betel nut mixed with jati phala, jati patri, cardamom, cloves and other spice mixtures. Clean the Jasmine flowers for any dirt or rotten parts. Keep them in separate silver vessels, sprinkle water with mūla mantra

ऐं ह्रीं श्रीं चन्दन जाती कुसुमाधि देवतायै नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं चन्दन जाती कुसुमाधि देवतायै नमः पुष्पैः पूजयामि
ऐं ह्रीं श्रीं चन्दन जाती कुसुमाधि देवतायै नमः धूपमाघ्रापयामि
ऐं ह्रीं श्रीं चन्दन जाती कुसुमाधि देवतायै नमः दीपं दर्शयामि
ऐं ह्रीं श्रीं चन्दन जाती कुसुमाधि देवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. On the next day during paurṇami pūja, add in the resolve (sankalpa) कर्पूरकेसरी-मिश्रचन्दन समर्प्पण पूर्वक, जातीकुसुम सावरणार्च्चनं ताम्बूलावसरे सुवासितद्रव्यकर्पूरवीटिका समर्पणादि यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship as usual all āvaraṇa devatā with these jasmine flowers, offer scented sandal paste and pan- betel at times appropriate in the ritual manual. Do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship Śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **śrāvaṇa** month, which is the beginning of all festivals. The second festival (utsava) in śrī Vidyā sampradāya is done in this paurṇami, called as Pavitrāropaṇa or **Pavitrotsava**. The first utsava we saw in the start of the year was damanāropaṇa or damanotsava. If not possible in this month we can do it in the next two months also. (Bhādrapada or āśvinā). Buy silk or cotton colourful threads (red, green or yellow) of ninety-six-inch length each.

ॐ शिव प्रसाद सम्भूत ग्रन्थि रम्य पवित्रक ।
देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥



Fold the whole length nine times intertwining, to get a sixteen-inch long thick rope like structure, make nine knots in the threads adjacent to each other. This is called a pavitra. Make a minimum of five of this pavitra. Apply plenty of sandal paste mixed with saffron and edible camphor. Keep them in silver vessels, sprinkle water with mūla mantra

ऐं ह्रीं श्रीं पवित्र-देवतायै नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं पवित्र-देवतायै नमः पुष्पैः पूजयामि
ऐं ह्रीं श्रीं पवित्र-देवतायै नमः धूपमाघ्रापयामि
ऐं ह्रीं श्रीं पवित्र-देवतायै नमः दीपं दर्शयामि
ऐं ह्रीं श्रीं पवित्र-देवतायै नमः नैवेद्यं निवेदयामि

Worship the nine knots in the pavitra

प्रणवं चन्द्रमा वह्नि र्ब्रह्मा नागो गुहो-रविः
साम्बञ्च सर्व देवान् तान् नव ग्रन्थिषु पूजयेत्.

ॐ प्रणवाय नमः, ॐ चन्द्रमसे नमः, ॐ वह्नये नमः, ॐ ब्रह्मणे नमः, ॐ नागाय नमः, ॐ गुहाय नमः, ॐ रवये नमः, ॐ साम्बाय नमः, ॐ सर्वदेवेभ्यो नमः.

Cover with a clean cloth and leave overnight in a clean place. On the next day during paurṇami pūja, add in the resolve (sankalpa) पवित्रारोपणाख्योत्सवं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main after the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship the eighth and ninth āvaraṇa devatās with four pavitras. (If needed or possible, we can make pavitras as many as possible and offer to each āvaraṇa devatā) After naivedya, perform havan as usual and in the end offer one pavitra to Devi in the fire. Conclude fire worship as per text and proceed to japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship Śakti and offer her the best of your capacity. Take and wear the pavitras as Prasad, if there are many pavitras they may be distributed to upasakas. These pavitras can be worn during special occasion in that year by all. In the next year new pavitra will have to be made and worn. Similar festivals are also seen usually in Vishnu temples. This festival will have a cleansing effect on a place, hence performance of this is recommended like damanotsava which is joyful play sport. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **Bhādrapada** month, we find a continuous line of festivals. Offering of ketaki flowers (kewda) is the agenda for this month. Get (buy) kewda flowers. (Fragrant crew pine -Pandanus Odoratissimus - Bot.)

ॐ शिव प्रसाद सम्भूत केतकी कुसुमोत्तम ।

देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Clean the flowers for any dirt, remove the thorn like extrusions, pollen sacs etc. Carefully take only the fragrant leaves from centre leaving back all unwanted parts in the flower. Place in a silver vessel, sprinkle water with mūla mantra.

ऐं ह्रीं श्रीं केतकी कुसुम-देवतायै नमः गन्धं कल्पयामि

ऐं ह्रीं श्रीं केतकी कुसुम-देवतायै नमः पुष्पैः पूजयामि

ऐं ह्रीं श्रीं केतकी कुसुम-देवतायै नमः धूपमाघ्रापयामि

ऐं ह्रीं श्रीं केतकी कुसुम-देवतायै नमः दीपं दर्शयामि

ऐं ह्रीं श्रीं केतकी कुसुम-देवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. On the next day during paurṇami pūja, add in the resolve (sankalpa) केतकी-कुसुम-समर्पणपूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।

हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship all the āvaraṇa devatās with this flower. Do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship Śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **āśvina** month, which has the most famous durgā pujā, navarātri. From the Śukla Prathama special worship is to be done, can be done till (Navami) paurṇami with lotus and parijāta flowers. Get (Buy) these flowers, chant

ॐ शिव प्रसाद सम्भूतपङ्कजादि सुमव्रज।

देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Clean the flowers, remove any dirt or rotten flowers. Place in a silver vessel, sprinkle water with mūla mantra.

ऐं ह्रीं श्रीं पङ्कजादि-देवतायै नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं पङ्कजादि-देवतायै नमः पुष्पैः पूजयामि
ऐं ह्रीं श्रीं पङ्कजादि-देवतायै नमः धूपमाघ्रापयामि
ऐं ह्रीं श्रीं पङ्कजादि-देवतायै नमः दीपं दर्शयामि
ऐं ह्रीं श्रीं पङ्कजादि-देवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. Worship all the āvaraṇa devatās with these flowers. Do havan with ghee offerings of a hundred times. Do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship a kanyakā (Virgin) and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy. On the second day also till (Navami) paurṇami worship in the same manner increasing a hundred fire offerings (āhūti) per day and the number of maidens worshiped as one per day. Thus, on the fifth day, a fire-offerings of five hundred, five maidens will be worshipped. This will culminate on the paurṇami with one thousand five hundred fire offerings (āhūti) and fifteen maidens worshipped. During paurṇami pūja, add in the resolve (sankalpa) पङ्कजादिकुसुम-समर्पणपूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship all the āvaraṇa devatās with these flowers. Do havan with ghee offerings of one thousand five hundred times. Do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship fifteen kanyakās (Virgin) and offer them the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy. If this is too elaborate, one maiden per day with the fire offerings as said earlier can be done. If this too is not possible, one maiden on the paurṇami day at least shall be worshipped.

Next is **kārtika** month, which has the most famous deepa puja. Offering of newly made kumkum is the agenda of this month. Somewhere in middle of the previous month, take turmeric pods (thick variety) of around a kilo. Squeeze around twenty to twenty-five lemons to extract the juice and strain to remove seeds and covers. Soak the Turmeric pods with this juice adding a hundred grams of alum and Baking soda powder. Leave them aside, till all the juice has dried. Dry under shade and grind it in a motor with pestle. Sieve the powder with fine linen cloth and add some sesame oil so as to keep the powder from flying. (Else buy kumkum powder from shops), chant

ॐ शिव प्रसाद सम्भूत नवकुङ्कुम समुज्ज्वल ।
देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Keep this kumkum powder in sliver vessel, sprinkle water with mūla mantra.

ऐं ह्रीं श्रीं नवकुङ्कुम-देवतायै नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं नवकुङ्कुम-देवतायै नमः पुष्पैः पूजयामि
ऐं ह्रीं श्रीं नवकुङ्कुम-देवतायै नमः धूपमाघ्रापयामि
ऐं ह्रीं श्रीं नवकुङ्कुम-देवतायै नमः दीपं दर्शयामि
ऐं ह्रीं श्रीं नवकुङ्कुम-देवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. On the next day Knead wheat flour with milk, jaggery and ghee, to prepare lamps- small drum like with triangular sides, fry in ghee (oil). During paurṇami pūja, add in the resolve (sankalpa) नवकुङ्कुम-समर्पणपूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Light these lamps in a Sri Cakra formation on a plate or suitable decorated floor. If it is not possible to light these numbers of lamps, light nine or seven of five lamps, with one in the centre and the rest surrounding it or in a nava yoni cakra formation. After the main āvaraṇa pūja with flowers, pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।

ह्रत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship again all the āvaraṇa devatās with kumkum. During havan, offer these lighted ghee lamps made for each āvaraṇa devata in agni after the usual offerings with ghee. Do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **Mārgaśīrṣa** month. Offering of hibiscus flowers and naivedya of Māṣāpūpa and edible camphor scented tender coconut water is this month's agenda. On the day before, Get/Buy these flowers, chant

ॐ शिव प्रसाद सम्भूत जपन्ती कुसुमोत्तम।

देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Clean the flowers, remove any dirt or rotten flowers. Keep them in a sliver vessel, sprinkle water with mūla mantra.

ऐं ह्रीं श्रीं जपन्ती कुसुम-देवतायै नमः गन्धं कल्पयामि

ऐं ह्रीं श्रीं जपन्ती कुसुम-देवतायै नमः पुष्पैः पूजयामि

ऐं ह्रीं श्रीं जपन्ती कुसुम-देवतायै नमः धूपमाघ्रापयामि

ऐं ह्रीं श्रीं जपन्ती कुसुम-देवतायै नमः दीपं दर्शयामि

ऐं ह्रीं श्रीं जपन्ती कुसुम-देवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. If you feel that the flowers will not be fresh, this can be done on that day too. During paurṇami pūja, add in the resolve (sankalpa) जपन्ती कुसुम-समर्पणपूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।

ह्रत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship all the āvaraṇa devatās with these flowers adding copious sandal mixed with edible camphor and saffron. During naivedya offer many types of

fruits, varieties of food, Māṣāpūpa (Vada), and Edible camphor mixed tender coconut water. Do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **Pauṣya** month. Offering of jaggery mixed cow's milk during naivedya. On the day before, buy cow's milk, add jaggery and keep in a silver vessel.

ॐ शिव प्रसाद सम्भूत शर्करा सम्युतं पयः।
देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Sprinkle water with mūla mantra.

ऐं ह्रीं श्रीं शर्करा मिश्रित गव्य दुग्ध-देवतायै नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं शर्करा मिश्रित गव्य दुग्ध-देवतायै नमः पुष्पैः पूजयामि
ऐं ह्रीं श्रीं शर्करा मिश्रित गव्य दुग्ध-देवतायै नमः धूपमाघ्रापयामि
ऐं ह्रीं श्रीं शर्करा मिश्रित गव्य दुग्ध-देवतायै नमः दीपं दर्शयामि
ऐं ह्रीं श्रीं शर्करा मिश्रित गव्य दुग्ध-देवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. If you feel that the milk will not be fresh, this can be done on that day too. During paurṇami pūja, add in the resolve (sankalpa) शर्करा मिश्रित गव्य दुग्ध निवेदन पूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship all the āvaraṇa devatās with flowers, during naivedya offer this jaggery mixed cow's milk, do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **Māgha** month. Offering of White sesame, red flowers and naivedya of āpūpa (made from wheat flour mixed with jaggery, cow's milk and ghee. This is

to be fried) is this month’s agenda. On the day before, get white sesame and red flowers. Prepare āpūpa as said above, Chant

ॐ शिव प्रसाद सम्भूत अत्र सन्निरतितोभव।
देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Place in a silver vessel, Sprinkle water with mūla mantra.

ऐं ह्रीं श्रीं शुक्लतिल-रक्तकुसुमादि-देवतायै नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं शुक्लतिल-रक्तकुसुमादि-देवतायै नमः पुष्पैः पूजयामि
ऐं ह्रीं श्रीं शुक्लतिल-रक्तकुसुमादि-देवतायै नमः धूपमाघ्रापयामि
ऐं ह्रीं श्रीं शुक्लतिल-रक्तकुसुमादि-देवतायै नमः दीपं दर्शयामि
ऐं ह्रीं श्रीं शुक्लतिल-रक्तकुसुमादि-देवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. If you feel that the flowers / āpūpa will not be fresh, this can be done on that day too. During paurṇami pūja, add in the resolve (sankalpa) शुक्लतिल-रक्तकुसुमा र्चन पूर्वकं शर्करा दुग्ध गोधूमापूप निवेदन पूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship all the āvaraṇa devatās with flowers and again with the white sesame mixed with red flowers. During naivedya offer this āpūpa (made from wheat flour mixed with jaggery, cow’s milk and ghee. This is to be fried), do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.

Next is **phālguṇa** month. Offering of Golden, Silver made flowers of lotus, lily, mango flower or MadhUka (In tamil இலுப்பை In Hindi महुआ) is the agenda.

On the day before, make / buy flowers in gold or silver in the form of the above said flowers, Chant

ॐ शिव प्रसाद सम्भूत अत्र सन्नितितोभव।
देवीकार्यं समुद्दिश्य नीतञ्चासि शिवाज्ञया॥

Place in a silver vessel, Sprinkle water with mūla mantra.

ऐं ह्रीं श्रीं स्वर्ण रजतादि पुष्प-देवतायै नमः गन्धं कल्पयामि
ऐं ह्रीं श्रीं स्वर्ण रजतादि पुष्प-देवतायै नमः पुष्पैः पूजयामि
ऐं ह्रीं श्रीं स्वर्ण रजतादि पुष्प-देवतायै नमः धूपमाघ्रापयामि
ऐं ह्रीं श्रीं स्वर्ण रजतादि पुष्प-देवतायै नमः दीपं दर्शयामि
ऐं ह्रीं श्रीं स्वर्ण रजतादि पुष्प-देवतायै नमः नैवेद्यं निवेदयामि

Cover with a clean cloth and leave overnight in a clean place. During paurṇami pūja, add in the resolve (sankalpa) स्वर्ण-रजतादि-निर्मित पङ्कज-कल्हार-आम्र-मधूक-कुसुमार्चनपूर्वकं यथा सम्भद्द्रव्यैः + निर्वर्त्तयिष्ये. Before the main āvaraṇa pūja pray to Devi-

षोडशार्णे जगन्मातः वाञ्छितार्थ फलप्रदे।
हृत्स्थान् पूरय मे कामान् देवी कामेश्वरेश्वरी॥

Worship all the āvaraṇa devatās with usual flowers and again with these golden or silver flowers, do japa of mūla mantra thousand times, with one-tenth the aṅgopāṅga mantras. Worship śakti and offer her the best of your capacity. Have Devi Prasad along with likeminded aspirants and be Happy.